

FOOD creates

26% of greenhouse pollution

47% of water use and

44% of our ecofootprint



- ✓ *Eat more fresh food*
 - ✓ *Avoid processed food*
 - ✓ *Buy organic products*
 - ✓ *Buy locally grown*
 - ✓ *Grow your own*
- It's as easy as that!!!*

You can have your garden – and eat it too!!!